

# SAFEGUARDING

We want to keep you safe from all harm and abuse!

## FORMS OF HARASSMENT & ABUSE



Psychological /  
emotional abuse



Physical abuse



Neglect



Sexual harassment  
& abuse

### WHO MIGHT BE AN ABUSER

Anyone including  
coaches,  
parents, and peers.

For bullying / hazing,  
peers are most often  
the perpetrators.

### IBU SAFEGUARDING POLICY

Applies to everyone  
involved in biathlon.

Aims to create a safe,  
supportive and  
healthy environment  
for the biathlon family.

## REMEMBER



Know your rights and  
responsibilities



Be respectful



Report



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